



May Newsletter

Heritage Learning Center

Happy Mother's Day!

I Love You Mom!

(author unknown)

Mom's smiles can brighten any moment,

Mom's hugs put joy in all our days,

Mom's love will stay with us forever

and touch our lives in precious ways...

The values you've taught,

the care you've given,

and the wonderful love you've shown,

have enriched my life

in more ways than I can count.

I Love You Mom!

Classroom Themes

Many fun and exciting activities are being planned by the teachers to go along with our themes this month.

Week 1 **Mother's Day/Flowers** (2's and 3's)
A Place To Dream: What's my favorite story? (Pre-K)

Week 2 **Plant Life** (2's and 3's)
A Place To Dream: What do I know about music? (Pre-K)

Week 3 **Caterpillars & Butterflies** (2's and 3's)
ASSESSMENTS AND REPORT CARDS (Pre-K)

Week 4 **Creepy Crawlers** (2's and 3's)
Space (Pre-K)

Little Primers will be focusing on the colors black and white, the rectangle shape, and Farm Time Fun. Vocabulary words include: farmer, barn, cow, pig, carrot, and goat.

HLC

Volume 5 Issue 5

May 2009



WHO IN THE OFFICE CAN HELP ME?

DeeDee Schultz	Director
Kim Adams	Scheduling
Lisa Whitley	Student Files
Jennifer Coalson	Billing
Lisa LaFon	Support Staff
Angie Morrell	Support Staff

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School-Wide May Birthday Celebrations



Let's see WHOOOOO
is having a birthday
this month?

Cameron C. April 18th

Kate H.	1st	Alec P.	21st
Scott K.	4th	Rena O.	21st
Jessica W.	5th	Kaira N.	23rd
Anna B.	8th	Madeline W.	24th
Connor M.	10th	Brandon K.	24th
Adam T.	10th	Austin S.	24th
Aliyah E.	13th	Marshal P.	25th
Fisher G.	15th	Jodie C.	25th
Louis E.	17th	Paige A.	27th
Eli S.	17th	Bella Z.	27th
Jackson P.	19th	Kayman C.	27th
Hinah E.	20th	Ryan S.	28th
Abigail H.	21st	Elsie K.	29th
		Dylan G	31st

HLC Staff Birthdays

May

Ms. Angie 4th
Ms. Carla 16th

**HLC turns 22
on May 11th!**

June

Ms. Mirty 24th

Why Kids Whine

Why kids whine: It's a highly effective (and, yes, highly annoying) way to get your attention.

The silver lining: Your toddler isn't purposely trying to irritate you. Whining begins around age 2, when kids can talk a little but are still used to crying to get what they want, says Carolyn Crowder, Ph.D., author of "Whining: 3 Steps to Stopping it Before the Tears and Tantrums Start". To help your child learn a better way to ask for what she wants:

Teach her to be aware of her tone.

When she whines, tell her once that the problem isn't what she's saying but how she's saying it. (Don't mimic your child— if she hears you whining, she'll think it's acceptable for her to do it ,too.)

Stop responding to it.

Make it clear that if she whines for something, you'll automatically say no. Or pretend you can't hear her if she does it.

Stand firm.

Even if you do this, your child will still whine. It'll take a Herculean effort to ignore it, but give in a few times and she'll see that whining works. (Toddlers learn from your actions much more than your words.) When your child alters her tone and speaks normally, give her your full attention.

Dee Dee's Two Cents on Whining

As a mother of four, I've experienced many episodes of whining. I believe that when children whine, they are saying that they do not know how to handle the situation (or are choosing to whine even when they know better). Whining gives a parent a unique opportunity to teach a child what TO DO and reinforce that whining is not a good way to communicate his/her needs.

Think about what the child wants. If the child is whining to play outside, then say to the child, "Ouch, you're hurting my ears. If you want to go outside, say May I go outside, please?" Use a happy, smiley tone. Have the child repeat those words in a non-whining voice.

When s/he does it, give lots of praise. If s/he whines again, show the child again what a non-whining voice sounds like.

If the child is whining about something that s/he can't have, such as wanting a cookie before dinner. Still take the time to teach a correct way of asking. Again say, "Ouch, you are hurting my ears. If you want a cookie say, May I have a cookie please?" Let the child practice. When s/he asks the right way, praise the child and then redirect him/her to when s/he can have it. "You just asked for a cookie like a big kid! I'm so proud of you. Right after dinner you may have a cookie. If you're too hungry to wait for dinner, you may choose a banana or an apple to eat right now." Whining may again erupt with this statement, but reinforce to the child that s/he does have a choice. Without hurting your ears, they may choose from the acceptable choices you gave or just wait until dinner is served.

People whine. It's a fact of life, but we can influence our children to become better communicators with patience and reinforcement.

Craft Time

Maracas

Materials:

1/4 cup flour	2-3 tablespoons water	large bowl
Spoon	toilet paper or paper towel tube	tape
Balloon	popcorn kernels	newspaper
Scissors	colorful tissue paper	pin
Felt-tip pens/stickers		



What to do:

- * Combine the flour and water in the large bowl until you get a thick paste.
- * Place a handful of popcorn kernels into the balloon, and then carefully blow it up and tie it.
- * Tape the toilet paper tube or half a paper towel tube to the balloon so it forms a handle.
- * Cut the newspaper into 1 inch strips and tear the tissue paper into medium sized pieces.
- * Dip the strips of newspaper into the flour and water paste, and then wrap them around the balloon and tube, being sure to cover them completely several times. Stuff some paper up into the tube before covering it.
- * Cover the balloon and tube with 2 layers of torn tissue paper.
- * Let dry for 24 hours or bake in oven at 450 degree for 5 to 10 minutes.
- * When shell is hard, pop the balloon with a pin inserted directly through the shell. Decorate with the felt tip pens or stickers. Shake!

Kids In the Kitchen

Easy Quesadillas

Ingredients you will need:

- * 6 10-inch flour tortillas
- * 4 ounce can of pitted black olives, sliced & drained
- * 1/4 -1/2 cup salsa
- * 1 cup shredded Colby cheese

What to do:

1. Mix salsa, cheese and black olives in a small bowl
2. Divide mixture evenly into 6 flour tortillas.
3. Fold each quesadilla in half, place on a microwave-safe plate.
4. Microwave for 25 seconds or until cheese is melted.
5. Fold each tortilla once more, forming quarters.



School News



Clothing

It is time to check the tote trays and change out the extra clothing for your child. Most of us will notice that our fall clothing is no longer the correct size 😊 .

Sunscreen

Texas in the late spring and summer get pretty hot and sunny. **Please sunscreen your child daily before bringing him/her to school.** Should you choose to send extra sunscreen to school, please write your child's first and last name on the bottle and **GIVE IT TO THE CLASSROOM TEACHER.** Sunscreen cannot be stored in tote trays. It must be kept up high and out of the reach of the children.

Portico Parking

The portico will only be open on bad weather days. All other days, we ask that you park in a parking space, lock your car, and come into the building to pick up your child. We do not keep the portico open regularly to increase safety as our children enter the parking lot. Please do not park in the fire lanes; otherwise, other cars will have difficulty pulling into a parking space. The only acceptable place to leave your vehicle is in a parking space.

When the portico is open, please make every effort to expedite your time in the building so that other parents who are parked behind you are not detained for a large amount of time.



Parking Lot Guidelines

The parking lot is a one-way driveway. Please enter from the south driveway and exit out the north driveway. Also please drive slowly watching for children and their families. Pedestrians **ALWAYS** have the right to pass first before automobiles.

Only park in a parking space. It is not okay to park in fire lanes (even just for a minute). It is also not okay to pull up by the portico and park. Cars that park in unauthorized parking locations put children and their families at risk. Heritage seeks to create a fully visible parking lot so that children and their families have a clear view of moving vehicles.



Upcoming Events

- May 1-3rd: Canton Trade Days (www.FirstMondayCanton.com)
- May 2nd: Home Depot's Kid's Project time 9:00a.m. - 12 noon.
- May 10th: Mother's Day
- May 14th: Free Immunizations (see below)
- May 15 - 17th: McKinney Trade Days
- May 25th: McKinney ISD Holiday
- May 25th: Heritage Learning Center Closed for Memorial Day Holiday
- May 28-31st: Canton Trade Days



*McKinney Library has Family Story Time from 7:00 p.m. - 7:30 p.m. on Monday and Wednesday.

Additional Information

Free Immunizations

For Infants to 18 years of age

McKinney ISD

#1 Duvall Street McKinney, Texas 75069

5:00PM-7:00PM .

Thursday, May 14, 2009

Please bring your child's immunization record. No appointment necessary. Child must be accompanied by parent or guardian.

www.bcbstx.com/carevan

HLC Family Advertisements

Jewelry Sam Barrett - (619)964-7546.

I make NCAA, NFL, school necklaces, bracelets, Mommy and daughter bracelets, and earrings. These will make great Mother's Day gifts!

Notepads Angie Morrell - (972)757-5480.

I make adorable personalized notepads. They are great for teacher appreciation, Mother's Day, baby and wedding showers, Grandparents, cheerleading and athletics.

HLC does not personally endorse any one family business over another. HLC simply provides this space for family advertising purposes.