



# July Newsletter

## Heritage Learning Center



### America Is Home!

*(can be sung to the tune of "Mary Had a Little Lamb")*

America is big and wide, big and wide, big and wide!  
America is big and wide, and it is home for me!

America is proud and free, proud and free, proud and free!  
America is proud and free, and it is home for me!

America is you and me, you and me, you and me!  
America is you and me, and it is home for me!

Volume 7 Issue 7

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#### Who in the office can help me?

DeeDee Schultz - Director  
Kim Adams - Scheduling  
Jennifer Coalson - Billing  
Lisa Whitley - Student Files  
Lisa LaFon - Office Support  
Angie Morrell - Office Support  
Max the dog - Bringer of Happiness  
And introducing "Bubbles" the Fish!

## Classroom Themes

Many fun and exciting activities are being planned by the teachers to go along with our themes this month.

- Week 1**      Dinosaurs (2's and 3's)  
                  Ocean (Pre-K)
- Week 2**      Space (2's and 3's)  
                  Dinosaurs (Pre-K)
- Week 3**      Ocean (2's and 3's)  
                  Bugs (Pre-K)
- Week 4**      Amphibians & Reptiles (2's and 3's)  
                  Taking Care of Our Planet (Pre-K)



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The Little Primers' theme this month is : Take a Trip. We will be talking about packing for a trip, safety when traveling, fun at the beach, summer clothing, and water safety. Our shape is the star. We will review our colors and talk about day/night opposites. The vocabulary words will include: flag, ocean, suitcase, towel, sunscreen, umbrella, pail, and crab.

# School-Wide July Birthday Celebrations



Let's see WHOOOOO  
is having a birthday  
this month?

Reese M.	1st	Grayson D.	12th
Camille M.	1st	Michael G.	13th
Jack H.	1st	Alyssa S.	15th
Jacob S.	1st	Kinley C.	17th
Emma W.	2nd	Tristan H.	17th
Kayla B.	2nd	Miller C.	18th
Ella L.	3rd	Dylan K.	18th
Reily K.	6th	Hailey S.	19th
Amber V.	6th	Alexia W.	19th
Adrian P.	8th	Khloe S.	20th
Delshon W.	10th	Isabella W.	25th
Sydney B.	12th	Brennan M.	28th
Hailey W.	12th	Joshua C.	29th

## HLC Staff Birthdays

### July

Ms. Amanda S.	9th
Ms. Danielle	15th
Ms. Laura D.	21st
Ms. Amanda B.	25th
Ms. Maggie	27th
Ms. Sandra	31st

### August

Ms. Phoebe	4th
Ms. Jennifer	20th

## Safety this Summer

The warm weather and long days have marked the arrival of summer fun, but increased time in the sun and more frequent trips to the pools and beaches require increased supervision to keep our children safe. Here are a few tips for you and your family to have a fun and safe summer:

### Water Safety

- \* Never leave children unattended in or near water, including bathtubs, wading pools, pools, lakes and oceans. (Children can drown in as little as four inches of water.)
- \* Stay within arm's length providing "touch supervision" to infants, toddlers, and preschoolers when around water- even if the child has on water wings, is in a baby boat, or has a life vest on.
- \* Assign an adult to supervise children in and around the water to assure that they are never left unattended.
- \* Surround your pool on all four sides with a sturdy five foot fence, and make sure the gates self-close and latch at a height that the children cannot reach.

### Sun Safety

- \* Apply broad spectrum, waterproof sunscreen SPF 15 or greater each time the children go outside. Apply sunscreen 30 minutes beforehand so it has time to work into the skin. Discuss the use of sunscreen with your pediatrician for children younger than 6 months.
- \* Babies younger than 6 months should be kept out of the direct sunlight (example: under an umbrella, a tree, stroller canopy, etc.)
- \* Dress all babies in lightweight clothing that covers the body.
- \* Encourage children to drink plenty of fluids to stay hydrated.
- \* Avoid being out in the sun when the rays are the strongest (Between 10:00 am - 4:00 pm)

### Travel Safety

- \* Buckle children into properly fitting seat belts, car seats, and /or booster seats when traveling by car or airplane.
- \* Carry a small first aid kit with you at all times.
- \* Dress children in bright colors on the day of the trip to make them more easily visible in crowds.

\* Be aware of hidden dangers in hotels, such as unlocked balcony doors, lack of finger guards, outlet covers, and other 'baby proofing' items you may have installed at home. Even breakfast buffets in hotel lobbies may include hot and dangerous items within reach of young children.

For additional safety tips for your family, visit [www.cpsc.gov](http://www.cpsc.gov) and [www.aap.org](http://www.aap.org).

## Craft Time

### Hold the Ocean in Your Hand!

Vacationing by the ocean? Then this discovery project is perfect! Pour about a half-inch of sand into the bottom of a plastic bag; then add a few shells. Next, mix up four batches of Knox clear gelatin according to the package instructions, using water as your liquid. (Do not use sweetened blue gelatin.) Add a few drops of blue food coloring. Gently pour the blue-tinted gelatin over the sand and shells. Slip a few plastic fish or other sea creatures into the gelatin; then put the container in the refrigerator. Once the gelatin is firm, remove the miniature ocean scene from the refrigerator, hold it in your hand, and look right through the "water"!

## Kids In the Kitchen

### Aquarium Gelatin

#### Here's what you need:

- |                                      |                      |
|--------------------------------------|----------------------|
| 1 small box of blue or green gelatin | 24 gummy fish        |
| 1 cup boiling water                  | 1 cup whipped cream  |
| 1 cup cold water                     | 6 clear plastic cups |
| Fish crackers (optional)             |                      |

#### Here's what you do:

1. Make the gelatin according to package directions. When it's slightly cooled, divide it among the 6 clear, plastic cups.
2. When gelatin is partially set, add three or more gummy fish to each cup. Place cups in refrigerator for 2 hours, or until gelatin is firm.
3. At serving time, top with whipped cream to form "surf". Serve with fish crackers, if desired.



## Upcoming Events

- |           |   |
|-----------|---|
| July 3rd: | HLC's Patriotic Parade at 2:30 pm.  |
| July 4th: | Kaboom Town Fireworks Display in Addison Circle Park. 5pm - midnight.<br><a href="http://www.addisontexas.net">www.addisontexas.net</a> |
|           | 7th Annual Frisco Freedom Fest.<br><a href="http://www.friscofreedomfest.org">www.friscofreedomfest.org</a>                             |
|           | All American Fourth. 9:30 pm.<br><a href="http://www.planoparks.org">www.planoparks.org</a>   |
|           | Red, White and Boom 2009.<br><a href="http://www.downtownmckinney.com">www.downtownmckinney.com</a>                                     |



## Upcoming Events...continued

Liberty by the Lake July 4th Celebration in The Colony.

[www.ci.the-colony.tx.us](http://www.ci.the-colony.tx.us)

Star Spangled 4th in Garland.

[www.starspangledfourth.com](http://www.starspangledfourth.com)

July 24th: HLC's Christmas in July 24th at 9:00 am. Please remember your \$10.00 gift.

July 28th: Free Immunizations. McKinney ISD - Faubion Middle School. 10:00 am - 2:00 pm.  
[www.bcbstx.com/carevan](http://www.bcbstx.com/carevan)

July 29th: Bonkers the Clown at 9:00 am (EPS - PK) in the HLC playroom. Alternate activities will be available for those who wish not to attend.

## Additional Information

**School-age Parents:** As you consider care for the new school year, please stop by the office to receive a copy of the Club 360 and Heritage comparison sheet. We would love to continue our commitment to you for the 2009/2010 school year.

**Summer Heat:** As our days are now reaching the 100 degree mark, we will be enjoying "indoor" recesses in the afternoons.

**Clothing Request:** Our classrooms are in need of underwear, shorts, and pants for children 18 months through 5th grade for those accidents that may occur at school. As you clean out the closets and find that your child's clothes are too small, feel free to drop your (clean) donations off at the front office.

**Child Pick-Up:** We will only release children to siblings/relatives that are over 16 years of age with a photo ID.

**Schoolers:** Please bring your child into the front office (no outside drop off) and sign them in. For your convenience our school-age children's sign in/out book is now located in the front office.

**Late Pickup Charge:** The parents of children still present at HLC after 6:30 pm will be charged \$5.00 for every 5 minutes past 6:30 pm according to the clock at HLC until the child is picked up. Please add this amount to your next tuition check.

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## HLC Family Advertisements

The office is offering advertising space to any parent who may have a business they'd like to share with other HLC families. If interested in participating, please stop by the office.

**Scentsy Wickless Candles** Sarah Brooks - (972)523-1453

Wickless, smokeless candles. Great for homes, offices, classes, etc. No flames!! Ask about hosting a Scentsy Home Party to receive free and discounted items.

**Jewelry** Sam Barrett - (619)964-7546.

I make NCAA, NFL, school necklaces, bracelets, Mommy and daughter bracelets, and earrings.

**Notepads** Angie Morrell - (972)757-5480.

Adorable personalized notepads. They are great for baby and wedding showers, birthdays, and Grandparents.

**Party Planning** Nicole Griffin - (972)302-6164

We do anniversaries, baby/bridal showers, etc. Party packages include: two-hour party, event planner (set up & clean up), providing & sending invitations, theme related décor, activities, music, favors, cake, punch, and Thank You cards.

**Jumpin For Joy Bounce Houses** Nina Rodrigues - (972) 658-3299 [www.jumpinforjoy.biz](http://www.jumpinforjoy.biz)

Located in McKinney and will serve Collin County. Weekends only. Spanish speaking also. They have regular bounce houses, water slides and combo bounce houses.

**On-site Photography** David Drake - (214)906-8774 [www.drakedigitalphoto.com](http://www.drakedigitalphoto.com)

World-class photography in your home, in my studio, or on-location outdoor. Family portraits, sporting events, family keepsake memories.

*HLC does not personally endorse any one family business over another. HLC simply provides this space for family advertising purposes.*

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