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# January 2010 Newsletter

## Heritage Learning Center

### Enrollment for the Summer and Fall have Begun!

Welcome twenty ten! As this new year gets underway, we have started planning for our Summer Program and our 2010/2011 School Year here at Heritage.

To begin with, the Summer Program is looking to be even better than last year. If you haven't experienced our HLC summers, you're in for a treat. Water Park days, themed days, and on-site shows make the summers super fun for the children. Our Clubhouse students will experience multiple field trips in addition to enjoying their "Clubhouse" in the back building.

Enrollment has now officially opened for the fall for new families. Current families already have their child's spot reserved. The Family Referral cards on the front desk expire in April. You still have the opportunity to receive free tuition by sharing Heritage with your friends!

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**HLC**

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### Classroom Themes

Many fun and exciting activities are being planned by HLC Teachers to go along with our themes this month.

#### Week 1

Water/Snow/Ice (2's)

Winter Animals/Arctic Adventures/Penguins (3's)

Happy New Year (Pre-K)

#### Week 2

Land Forms: Mountains, Prairie, Desert, Tundra (2's )

Water/Ice/Snow (3's)

My Neighborhood : People in my Neighborhood (Pre-K)

#### Week 3

Winter Animals/Arctic Adventures: Penguins (2's)

Land Forms: Mountains, Prairies, Desert, Tundra (3's)

My Neighborhood : Tools and Machines (Pre-K)

#### Week 4

Groundhog Day/Shadows (2's)

Groundhog Day/Shadows (3's)

My Neighborhood : Animals (Pre-K)

The Little Primers will be focusing on the color blue, vocabulary words of : bed, boots, castle and hats and pretending to be a .....

#### Who in the office can help me?

DeeDee Schultz - Director  
Kim Adams - Scheduling  
Jennifer Coalson - Billing  
Lisa Whitley - Student Files  
Lisa LaFon - Office Support  
Angie Morrell - Office Support  
Max the dog - Bringer of Happiness

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#### Inside this issue:

Birthdays	2
After School News	2
Kindness	2
Pertussis	3
Crafts & Kitchen	3
Upcoming Events	4
Advertisements	4

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## School-Wide November Celebrations



Let's see WHOOOOO  
is having a birthday  
this month?

Cade B.	3rd	Molly H.	25th
Tanner F.	7th	Dutch S.	25th
Lauren D.	7th	Mason P.	25th
Joshua S.	8th	Lytic T.	26th
Weston P.	8th	Cody F.	28th
Evan P.	15th	Brandon A.	29th
Claire E.	17th	Tanner P.	29th
Daniel G.	20th		
Alexis K.	21st		
Hayden H.	21st		
Zane D.	22nd		
Hudson K.	22nd		
Londyn J.	24th		
Jarod R.	25th		

### HLC Staff Birthdays

#### January

Mrs. Lisa L..	14th
Mrs. Jessica F.	22nd
Mr. Bill "Max"	28th 31st

#### February

Mrs. Gretchen	10th
Mrs. Leyla	23rd
Mrs. Rwaideh	24th

## Adventures and Explorers News

Teacher workday on January 15th for McKinney ISD, Frisco ISD and Life School.

Field trip : Gatti Town - Frisco from 10:00 - 3:00 \$12.50

School holiday on January 18th for McKinney ISD, Prosper ISD, Frisco ISD and Life School.



## Kindness

Kindness means "treating others in a caring, respectful way". So how do children learn to be kind? They learn from our words and actions. Kindness is a positive value that will help your child today and in the future.

Parents are an important role model for their children. The way you treat your child influences the way he or she treats others. Be kind, talk about kindness, and point out a kind behavior.

Here are some ways to help your child develop kindness:

- \* Show your love (Smile often and give lots of hugs).
- \* Praise your child (Be specific - "Thanks for helping your little sister clean up!")
- \* Spend time with your child (Spend at least 15-20 minutes alone with your child daily. Do something he or she enjoys.)
- \* Pay attention (Attend carefully to what your child has to say.)
- \* Give responsibilities. (This helps your child feel important and learn to be part of a team).
- \* Be careful with criticism ( Don't overact if your child acts unkind. Gently explain what he or she did wrong. Give clear examples of what behavior you expect).

## School News – Whooping Cough (Pertussis)

Two cases of Pertussis surfaced in Pre-K 3. Pertussis is a highly contagious illness that has the following symptoms:

1. Runny nose
2. Low-grade fever
3. Severe, strangling (“whooping”) cough followed by the vomiting of mucus
4. Another characteristic is that the cough just doesn't seem to get better over time (even with over-the-counter medication).

The cough is intense and is usually much worse when the child lays down. Unfortunately, many doctors do not automatically test for this illness and many times assume it's just “a cold” that your child has. It is thought that 90% of all Pertussis cases are never diagnosed. Once tested specifically for “Whooping Cough”, the results will be back in about three days. While waiting, an antibiotic erythromycin may be prescribed. Children with this illness must be excluded from care for five days. If your child develops a severe, gagging cough, please have him or her tested as soon as possible.

## Craft Time

### Ice Skate Bookmark

1. Cut a 3 inch square from cardboard. Trim it to form an ice - skate boot. Trace boot onto 2 folded pieces of felt, with the bottom of the boot lined up on the fold. Cut them out, but don't cut along the fold.
2. Punch 3 shoelace holes in each felt boot. For laces, thread a cord through the holes. Glue cotton or felt trim to the tops of the skates.
3. Slide a large paper clip into the fold of each skate. Glue the front and back edges of each skate closed.
4. Cut a 12 inch length of 1 inch wide ribbon and place into the top of the skates and glue them together. Outline the skates with glitter glue.



## Kids In the Kitchen

### No-bake Peanut Butter Balls

Ingredients you will need:

- |                       |                                    |
|-----------------------|------------------------------------|
| * 1 cup peanut butter | * 1 cup crushed Corn Flakes cereal |
| * 1/3 cup honey       | * 2 tablespoons powdered milk      |

1. Crush Corn Flakes in a large reclosable bag. Set aside.
- 2.. Mix all other ingredients well.
3. Let mixture chill for one hour. Take mixture by spoonfuls and roll into balls.
4. Roll peanut butter balls in Corn Flakes until covered.

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## Upcoming Events



December 31st - January 3rd: First Monday Trade Days in Canton.

January 2nd : Home Depot Projects for ages 5 - 12 from 9:00 am - noon.

January 15 - 17th : 3rd Monday Trade Days in McKinney.

January 28th: Free Immunizations at Faubion Middle School Cafeteria. 5pm - 7pm. [www.carevan.org/neighborhood.htm](http://www.carevan.org/neighborhood.htm)

Through out January: Dinosaurs Alive! Animals of the World & Treasures from the earth exhibit. Heard Museum natural Science Museum & Wildlife Sanctuary. Call 972-562-5566 for more information or visit [www.heardmuseum.org](http://www.heardmuseum.org).

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## HLC Family Advertisements

The office is offering advertising space to any parent who may have a business they'd like to share with other HLC families. If interested in participating, please stop by the office.

**Scentsy Wickless Candles** Sarah Brooks - (972)523-1453.

Wickless, smokeless candles. Great for homes, offices, classes, etc. No flames!! Ask about hosting a Scentsy Home Party to receive free and discounted items.

**Jewelry** Sam Barrett - (619)964-7546.

I make NCAA, NFL, school necklaces, bracelets, Mommy and daughter bracelets, and earrings.

**Notepads** Angie Morrell - (972)757-5480.

Adorable personalized notepads. They are great for baby and wedding showers, birthdays, teachers and Grandparents.

**On-site Photography** David Drake - (214)906-8774. [www.drakedigitalphoto.com](http://www.drakedigitalphoto.com)

World-class photography in your home, in my studio, or on-location outdoor. Family portraits, sporting events, family keepsake memories.

**Ink & Toner USA** Michael Dodson - (972)542-4800. Located at 3001 S. Hardin Blvd. Suite 114 McKinney

Save BIG BUCKS on all your printer supplies! Mention this ad and save additional \$5.00 on your purchase.

*HLC does not personally endorse any one family business over another. HLC simply provides this space for family advertising purposes.*

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